

FREDERICK DOUGLASS OPIE, PH.D.
CURRICULUM VITAE

<http://www.Fredopie.com>

EDUCATION

- 1999 Ph.D., history, Maxwell School of Citizenship and Public Affairs,
Syracuse University, Syracuse, New York
- 1992 MA., history, Shippensburg University, Shippensburg,
Pennsylvania
- 1986 B.S., education, Syracuse University, Syracuse, New York

ACADEMIC POSITIONS

- 2011-Present Professor of History and Foodways, Babson College, Babson Park,
Massachusetts
- 2010-2011 Visiting Associate Professor of History, Babson College, Babson
Park, Massachusetts
- 2003-2010 Associate Professor of History, Marist College, Poughkeepsie,
New York
- 2003-2010 Founding Director, African Diaspora Studies Program, Marist
College, Poughkeepsie, New York
- 2000-2003 Assistant Professor of History, Morehouse College, Atlanta,
Georgia
- 1991-1992 Interim Dean, Department of Intercultural Advancement,
Gettysburg
College, Gettysburg, Pennsylvania
- 1990-1991 Assistant to the Dean, Department of Intercultural Advancement,
Gettysburg College, Gettysburg, Pennsylvania
- 1989-1990 Graduate Assistant, Department of Intercultural Advancement,
Gettysburg
College, Gettysburg, Pennsylvania

PUBLICATIONS

Books

- 2017 *Southern Food and Civil Rights: Feeding the Revolution* (American
Palate Series, The History Press)
- 2015 *Zora Neale Hurston on Florida Food: Recipes, Remedies, and Simple
Pleasures* (American Palate Series, The History Press)
- 2014 *Upsetting the Apple Cart: Black and Latino Coalitions in New York from
Protest to Public Office* (Columbia History of Urban Life Series, ed.
Kenneth Jackson, Columbia University Press)
- 2009 *Black Labor Migration in Caribbean Guatemala, 1882-1923* (Florida

- 2008 Work in the Americas Series, University of Florida Press)
Hog and Hominy: Soul Food from Africa to America (Arts and Traditions of the Table: Perspectives on Culinary History Series, ed. Albert Sonnenfeld, Columbia University Press)

BOOKS IN PREPARATION

Queen of Nutrition: The Life of Dr. Alvenia Moody Fulton
Biography of a Chicago entrepreneur nutritionist and naturopath who made invaluable contributions to the twentieth century's health and wellness movement.

PODCAST

- 2020 Host/Producer [Online Teaching Survival Guide: A 7-Part Audio Series](#), Harvard Business Education Publishing

JOURNAL ARTICLES AND CONTRIBUTIONS TO EDITED VOLUMES (SELECTED)

- 2020 "African American History is American History," in *The Rise: Black Cooks And The Soul of American Food* (Voracious, Little Brown) eds. Marcus Samuelson, Osayiendolyn, Yewande Komolafe
- 2016 "Clifford Bourne," *Dictionary of Caribbean and Afro-Latin American Biography* (Oxford University Press) eds. Franklin W. Knight and Henry Louis Gates, Jr.
- 2015 "Zora Neale Hurston on Floridian Food and Culture, *Repast, The Quarterly Publication of the Culinary Historians of Ann Arbor*, xxxi, no. 2 (Spring 2015)
- 2014 "Influence, Sources, and African Diaspora Foodways," in *Food in Time and Place: The American Historical Association Companion to Food History* eds. Ken Albala, Joyce Chaplin, Paul Freedman, (University of California Press)
- 2012 "Alcohol and Lowdown Culture in Caribbean Guatemala and Honduras, 1898–1920," in *Distilling the Influence of Alcohol: Guatemala and Aguardiente*, ed. David Carey, University Florida Press
- 2010 "Spotlight: Alvenia Fulton," in *Gender and Women's Leadership: A Reference Handbook*, ed. Karen O'Connor, Sage Publications, Inc.
- 2009 "Eating, Dancing, and Courting in New York: Black and Latino Relations, 1930-1970," *Journal of Social History* 42, no. 1 (Fall 2008): 79-109
- "Molasses-Colored Glasses: WPA and Sundry Sources on Molasses and Southern Foodways," *Southern Cultures* 14, no. 1 (Spring): 81-96

ACADEMIC HONORS

- 2012-2013 Sheila Biddle Ford Foundation Fellow, W. E. B. Du Bois Institute, Harvard University, Cambridge, Massachusetts

KEYNOTE ADDRESSES

- 2019 “Food Justice Through History,” Food Justice Symposium, (March 30), Phillips Academy Andover, Massachusetts.
- 2015 “Earthenware: A History of Table Traditions and Related Recipes,” Annual Meeting of the Ceramics Education Council of the American Ceramic Society (NCECA), Providence, Rhode Island
- 2014 “Black and Latino Coalitions from the 1960s to Today,” Boston University, Boston, Massachusetts

MEDIA POSITIONS

- 2016-Present Producer and Host, Fred Opie Show <https://soundcloud.com/fredopieshow>

MEDIA CREDITS (SELECTED)

- 2020 “[A Historical Dig Sheds Light on the Food of the Underground Railroad](#),” *Atlas Obscura*, October 14
“[How to Make the Right First Impression With Students](#),” The Faculty Lounge, Harvard Business Publishing, August 18
- 2018 “[Why Don’t New Englanders Like New England Cuisine?](#)” in *Boston Magazine*, November 20
“[Inside the Restaurants That Fed the Civil Rights Movement](#),” in *Munchies*, June 22
“[To this Black Lives Matter Co-Founder, Activism Begins in The Kitchen](#),” in *Washington Post*, March 26
- 2017 “[Why Do Americans Drink Eggnog at Christmas?](#)” in *French Morning*, December 20
“[A Code Switch Thanksgiving Feast](#),” on NPR November 22
“[Host Lois Reitzes speaks with historian and professor Fred Opie about his book Southern Food and Civil Rights](#),” on City Lights on WABE 90.1 FM, NPR Atlanta, Oct 12,
“[Recipes for Revolution: Professor’s Book Tells How Food Nourished the Civil-Rights Movement](#),” in *Arkansas Democrat-Gazette* February 15
“[Frederick Douglass On How Slave Owners Used Food As A Weapon Of Control](#),” on NPR, February 10
- 2016 “[A Belle Époque For African American Cooking](#),” *New York Times*
“Collards,” *Ebony*
“[Mississippi Roast](#),” *New York Times*
- 2015 “The Food of Zora Neale Hurston,” Good Food, KCRW, Santa Monica, California Public Radio, April 4
“Food plays a crucial role in how I identify as Chinese-Jamaican,” *The Splendid Table*, America Public Media, March 13
- 2014 “In turn-of-the-century Detroit, frog legs were eaten by the ton,” *The Splendid Table*, America Public Media, August 22
“Breaking Your Kids’ Picky Eating Habits,” Tell Me More, NPR, May 20
“‘Gimme a Pig Foot and a Bottle of Beer’: Food and music on the chitlin’

- circuit,” *The Splendid Table*, America Public Media, April 25
 “Bringing Back Freshness and Flair to the Easter Table,” Tell Me More, NPR, April 11
 “Grilled Cactus, Rice Soup, and Other Food for Lent,” Tell Me More, NPR, March 14
 “The Politics of Food on the Campaign Trail,” *The Splendid Table*, America Public Media, February 15
- 2013 “Soul Food Junkie,” Independent Lens documentary series, PBS
 “100 Foods that Have Changed the World,” History Channel
- 2012 “Stumping and Eating,” *The Splendid Table*, America Public Media
 “Eating Like Your Ancestors,” City Line, Boston’s WCVB-TV Channel 5, March 4
- 2011 “Plantains and Cilantro: From Africa to Latin America,” Good Food, KCRW, Santa Monica, California Public Radio, November 5
 “Soul Food, Appetite City: a Historical Look at New York Foodways,” NYC Media, August 4
 “Appetite City: Soul Food,” NYC Media, August
 “Black History Month,” Good Food, KCRW, Santa Monica, California Public Radio, February 26
- 2010 “Feeding the Soul,” *Oprah Magazine*, July
 “Soul Food,” *Americana*, BBC Radio, April 25
 “Women in the Culinary Word,” *A Chef’s Table with Jim Coleman*, Philadelphia Public Radio, WHYY, March 6
 “Pittsburgh Soul: Southern Presence Fills Restaurants,” *Pittsburgh Tribune-Review*, February 23
- 2009 “Hogs and Hominy,” *The Splendid Table*, American Public Media, April 11
 “The History of the Cake Walk in the Antebellum South,” *A Chef’s Table with Jim Coleman*, Philadelphia Public Radio, WHYY, July 11
- 2008 “A Soul Food Journey from Africa to America,” *News and Notes*, NPR, October 20
 “Why We Love Watermelon,” *Saveur*, September

SOCIAL MEDIA

Website: <http://www.Fredopie.com>
 Instagram: <https://instagram.com/fdopie>
 Twitter: <https://twitter.com/DrFredDopie>

INVITED LECTURES AND PANELS (SELECTED)

- 2020 “Stumping and Eating, The Role of Food and Politics: 1880s-1960s” Lynchburg University virtual event, October 15
- 2020 “From Windsor to Ossining and Back: Documenting And Publishing Changing Culinary Traditions,” Department of American Studies, University of North Carolina Chapel Hill, Chapel Hill, North Carolina, February 5
- 2017 “The Sandwich Brigade and the 1963 March on Washington,” presented at the Boston Public Library, Boston, Massachusetts, October 24

- "Sustenance in the Struggle for Freedom," presented at Center for Civil and Human Rights, Atlanta, Georgia, October 12
- "Afro Pacific Foodways: From Africa to America," presented at Northwestern University, Evanston, Illinois, May 10
- 2016 "Beyond Community: Culinary Commonalities," presented at Center for the Study of Culture Race & Ethnicity's Community Discussion Series, Ithaca College, March 3
- 2015 "Zora Neale Hurston's Work on Food-Based Prescriptions for Illnesses: A History," presented at The New York Academy of Medicine, New York, New York, October 29
- "The Culinary World of a Literary Icon: Zora Neale Hurston," presented at the Culinary Historians of New York, Brooklyn, New York, October 28
- Panelist presented as part of the Food Justice, Race + Design Panel, Black and Design Conference at the Harvard Graduate School of Design, Cambridge, Massachusetts, October 10, 2015.
- Panelist presented as part of the Conversation in Black Freedom Studies at the Schomburg, Schomburg Research Center of the New York Public Library, New York
- Panelist presented as part of the Conversation in Black Freedom Studies at the Schomburg, Schomburg Research Center of the New York Public Library, New York, New York, May 7 [Watch Now] <http://www.blackfreedomstudies.org/events/spring-2015/black-and-brown-coalitions>
- Panelist presented as part of The African American Experience: Nourishing The Soul Through Music and Food, presented by Beacon Hill Scholars, Boston African American National Historic Site, Congregational Library and Archives, Historic New England, the Museum of African American History, and the Suffolk University Black Student Union, Boston, Massachusetts, February 6
- 2013 "Gender, Food and Culture in American History," Harvard University, Cambridge, Massachusetts
- 2012 "Stumping and Eating: Latino Voters and the Role of Food in the 2012 Race to the White House," University of Maryland, College Park, Maryland
- 2011 "Juke Joints, Rum Shops, and Honky-Tonks: The Politics of Leisure in Agrarian Societies," presented as part of Program in Agrarian Studies Colloquium, Yale University, New Haven, Connecticut
- "African Foodways are Like Jazz: Culinary Improvisations in Africa and America," presented as part of the Culture & Cuisine Series, Institute for Advanced Study, Princeton, New Jersey
- 2010 "African American and Latino Intersections in New York," presented to the Africana Studies Program at Long Island University, Brooklyn, New York.
- "Feeding the Revolution: Women, Food, and the Civil Rights Movement," Connecticut College, New London, Connecticut
- "Black and Puerto Rican Hospital Workers in New York, 1959-1962," presented to the History Department and Africana Studies Program at the University of Tennessee, Knoxville, Tennessee
- "The Making of African Diaspora in Caribbean Guatemala," presented at

- Brown University Center for Latin American & Caribbean Studies,
Providence, Rhode Island
- 2009 “Rethinking Culinary History,” presented to Feast and Famine: Thinking about Food, An Interdisciplinary Food Studies Colloquium, New York University, New York, New York
“Images of Food, Migration, and Interethnic Relations: African Diasporic Scholarship, 1999-2009,” presented to the Department of African American and African Diaspora Studies, Indiana University, Bloomington, Indiana, March
“Afro-Dutch Foodways in the Atlantic World,” presented at Historic Philipsburg Manor, Sleepy Hollow, New York, May
“The South Bronx: The Crucible of Black/Latino Cultural Exchange,” Fordham University, Bronx, New York, May
“Eateries in Europe, Africa, and the Americas before 1888,” presented at the Culinary Institute of America, Dooley Lecture Series, Hyde Park, New York
- 2008 “Food and African Retentions in the Americas,” presented at the Auburn Research Center, Atlanta, Georgia
“Hog and Hominy: Soul Food from Africa to America,” presented at the Atlanta History Center, Atlanta, Georgia
“What is Southern Food? The Three Roots of Southern Food,” presented at Culinary R&D Conference, Johnson and Wales University, Charlotte, North Carolina
“‘Negrophobia’ in the Hudson Valley: Race and the Growth of Urban and Industrial Patterns of Life, 1790s-1890s,” presented at the Seminar at Boscobel: Historic Houses along the Hudson, Garrison, New York
“The Chitlin’ Circuit: The Origins and Meanings of Soul and Soul Food,” Fordham University, Bronx, New York
- 2002 “Facilitating a Critical Analysis of Historical and Current Events in the Caribbean,” University of Guyana Project, presented at the Atlanta University Center, Atlanta, Georgia
- 1998 “La huelga de dolores y otros movimientos populares en el mundo,” anual celebración of La huelga de dolores a la Universidad de San Carlos de Guatemala, Guatemala City, Guatemala
- 1994 “The African Experience in Nineteenth-Century Santo Domingo and Cuba,” presented at the Universidad de Guadalajara, American Institute for Foreign Study, Guadalajara, Mexico

PRESENTATIONS AND MODERATED SESSIONS

- 2014 “Atlantic World Foodways through the Lens of Zora Neale Hurston,” presented at the Atlantic Foodways Conference,” University of North Carolina–Greensboro, Greensboro, North Carolina
- 2012 “Ethnic Borderlands and the Politics of Food in New City, 1959 to 1989,” presented at the Boston University Food in the City Conference, Boston University, Boston, Massachusetts
- 2010 “Alcohol and Lowdown Culture in Caribbean Guatemala and Honduras, 1898–1920,” presented at the joint annual conference of the Association

- for the Study of Food and Society (ASFS), Agriculture, Food and Human Values Society (AFHVS), and Society for the Anthropology of Food and Nutrition (SAFN), Indiana University, Bloomington, Indiana
- “Culinary Read of Zora Neale Hurston’s *Their Eyes Were Watching God*,” presented at Annual Conference of The Society for the Study of Southern Literature, New Orleans, Louisiana
- 2009 “Revolvers, Shotguns, Machetes, and Clubs: Strikes in Caribbean Guatemala, 1909-1919,” presented at the 53rd International Congress of Americanists, Mexico City, Mexico
- 2008 “Garveyism and Labor Organization on the Caribbean Coast of Guatemala, 1920-1921,” presented at the Caribbean Studies Association Annual Meeting, San Andres Isla, Colombia
- “African American and Latino Youth: Coalition Building in the Bronx, 1960-1993,” presented at the Oral History and Performance Conference, Columbia University, New York, New York
- 2007 “Africans in Colonial Guatemala,” presented at the Association for the Study of African American Life and History Annual Meeting, Charlotte, North Carolina
- “Race Relations on the Caribbean Coast of Guatemala,” presented at Constructing Race and Identity in Latin America Workshop, Center for Africana Studies, Johns Hopkins University, Baltimore, Maryland
- “Eating, Dancing, and Courting in New York: Black and Latino Relations, 1930-1970,” presented at the American Historical Association Annual Meeting, Atlanta, Georgia
- 2005 “Molasses-Colored Glasses: WPA and Other Sundry Sources on Molasses and Southern Foodways,” presented at the Annual Symposium of the Southern Foodways Alliance, Center for the Study of Southern Culture, University of Mississippi, Oxford, Mississippi
- Discussant, “The African Diaspora in Colonial Latin American,” symposium sponsored by the departments of history and African American studies, Northwestern University, Chicago, Illinois
- 2004 “Cassava, Corn, Plantains, and Pork: Amerindian Foodways and the Colombian Exchange,” presented at the Annual Conference of the Society for Ethnohistory, Chicago, Illinois